



Lorna Sundberg served as International Center director for more than 17 years.



As the International Student Host Program Coordinator, I worked under Lorna's supervision as a student intern during the 1995-1996 academic year. Lorna was a mentor and role model for me throughout my days at UVa. and ever since. I know that she was largely responsible for my desire to work in the field of cross-cultural studies, as I am currently doing. Please know how special Lorna was to me and how she will be truly missed.

Betsy Strauss
Former International Center Intern



To Build a Center

It is impossible to separate the University of Virginia's International Center from Lorna Sundberg, who served as the Center's director from 1981 to 1998. Even the gifts presented to the Center, which dress much of the interior, are reminders to all who come that countless international visitors appreciated her dedication and hospitality.

Many in the university and local community have said that her special love for people has left a timeless impression on the International Center, as well as on the lives of those she touched.

"Under Lorna's skillful guidance, the International Center has grown into a model programming and welcoming center for visiting internationals and the local community," said Claire Cosgrove, International Center Senior Administrator.

Because of Lorna's drive and enthusiasm, she secured the position of International Center director in the early 80s and began to build the Center. She welcomed students and scholars from overseas. She designed programs and provided services to meet their needs, as well as the needs of the local community. Lorna recruited community volunteers from the University Women's Club to assist in her new undertaking. Her foresight and wisdom resulted in establishing

a multicultural library staffed by retired professional librarians. Lorna was aware of needs in the community and developed close relationships with a number of service organizations. Her vision extended beyond Albemarle County as she arranged an exchange program between UVa. and Milboro Elementary School in Bath County. Lorna also shared her knowledge and cultural understanding with other foreign student advisors by coordinating workshops at regional and national NAFSA conferences.

A memorial fund has been established in her name. Through this memorial fund, Lorna will continue to serve the international population at UVa. There are three main avenues for the use of these funds: a scholarship that will be

To Build a Center...
Continued on page 2

Lorna Sundberg Memorial Fund

Please Send Contributions to the International Center at:
21 University Circle
Charlottesville, VA 22903

Inside This Issue

- **Remembering Lorna Sundberg --**
Your Personal Letters
- **IC Guest Housing --** Seeing Charlottesville Through a Visitor's Eyes
- **Multi-Cultural Library --**
Summer Travel Resources at IC
- **Summer English Opportunities**
- **Farewell, Graduating International Students! --**
International Graduation Reception on May 2 in Minor Hall Lobby
- **Earthquake Relief Funds --**
Help is still needed in India and El Salvador

To Build a Center... Continued from page 1

awarded to international students, an upgrade of international lodging facilities, and a conversion of the Multicultural Library catalog into an electronic database.

Lorna was diagnosed with cancer, which led to her official retirement in 1999. She recently passed away on Jan. 29, 2001. Lorna is survived by her husband, Richard, their two daughters, Kelly and Jennifer, and sons-in-law David and Eddie, and six grandchildren.



Repubblica Italiana

Felice De Cusatis of Rome, Italy, carefully constructs a Tibetan dinner recipe he learned from International Center Resident Manager, B. Tsering Yeshi. Felice stayed at the International Center for three months while researching African-American Literature.



An American Mosaic Seeing Charlottesville Through a Visitor's Eyes

Felice De Cusatis is a long way from home, like most visitors who stay at the International Center, but he is much closer to reaching his goals. As a doctoral student in American Studies, he came to UVa. in order to further his research on African-American literature.

"I am especially interested in female African-American contemporary writers, such as Toni Morrison and Alice Walker," De Cusatis said.

His aspirations have brought him far from the Mediterranean culture of Southern Italy, where he grew up in a town outside of Naples. Currently residing in Rome, he has left the hustle and bustle of traffic and tourists to spend time in UVa.'s libraries and classrooms.

"I came to UVa. because I think it is one of the best universities in the United States," De Cusatis said. "I knew I would have the opportunity to find an abundance of material concerning my research."

De Cusatis said he has always been interested in American ethnic minorities.

American Mosaic... Continued on page 4

International Center Programs:

- **First Fridays**
Monthly cultural event with performances and free food tastings. It is co-hosted with various student organizations during the school year.
- **International Cooking Classes**
- **International Craft Classes**
- **Language Partner Program**
Native speakers are matched with anyone wanting to improve their foreign language skills for a mutual language exchange during the academic year. Seventy matches were made during 2000-2001.
- **English Conversation Group**
Will continue to meet during the summer at IC. Tuesdays 12:30 –1:30 p.m. and Wednesdays 6-7 p.m.
- **Book Group**
Will continue to meet during the summer at IC. Tuesdays 10:15 – 11:45 a.m.
- **English Classes**
Offered during the academic year.
- **International Women's Group**
- **International Coffee Hour**
- **International Chat Room**

Services:

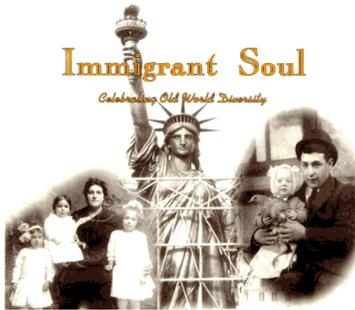
- **International Guest Housing**
- **Multicultural Library**
Located at the International Center.
- **International Speaker's Bureau**
International students and returning study abroad students visit local schools and community groups to share their cultural experiences during the academic year.

Hosting Programs:

- **International Host Program (IHP)**
- **International Student Host Program (ISHP)**
- **Graduate Host Program**
- **Holiday Meal Match-Up**
Matches international students with a local family to share a holiday meal.

For more information about these programs or services, contact the International Center by calling 924-7983 or visit our website.

www.virginia.edu/~intcent/intlctr.html



*Underground
bistro or
outdoor patio
dining...*

**310 MAIN ST. E.
DOWNTOWN
C-VILLE
(804) 977-8200**

Immigrant Soul's Holupki Recipe (Slovakian Stuffed Cabbage)

INGREDIENTS:

1 medium head cabbage	2 eggs
1 ½ lb. ground veal	Salt, pepper to season
1 cup cooked rice, seasoned with marjoram	2 tsp. Marjoram
3 cloves garlic	1 tsp. Caraway seeds
1 medium onion	1 can sauerkraut
2 tsp. Hungarian paprika	2 cups tomato juice
	olive oil

Filling: Peel and dice garlic. Chop onion and sauté along with garlic in olive oil until golden. Remove from heat. Stir in paprika. Set aside to cool. In large mixing bowl, blend veal, rice and two beaten eggs. Season with salt, pepper and Marjoram. Add onion mixture and blend well.

Bring salted water to a boil in large kettle (big enough for a cabbage head.) Core head of cabbage as far into the head as possible, without cutting off the leaves. Add the head to the boiling water. As the cabbage cooks, the leaves will begin to fall away from the head. You can help them along by using a wooden spoon to nudge them off. As they fall away from the head, remove with a slotted spoon to a colander to drain and cool. (The leaves should not be transparent, but rather slightly underdone, yet pliable enough to fold.)

While the cabbage leaves are cooling, prepare your stockpot for cooking the holupki. Rinse and drain a can of sauerkraut and pour into the bottom of the stockpot. Season with a sparkling of Marjoram and caraway.

Now you are ready to make the cabbage rolls. Use the larger sturdier leaves. Place a cabbage leaf face up as if it is a cup. You may season with a little salt and pepper if you like. Place 1-2 T. of the meat filling in the center of the cabbage leaf, tightly fold side ends inward and roll forward to the end of the leaf (basically like an egg roll, and not allowing any filling to escape.) As you complete the rolls, place them on top of the bed of cabbage in the stockpot, stacking the larger rolls on the bottom and the smallest on the top. If you have any left over cabbage, you may cut it up and place it on top of the cabbage rolls. After all of the rolls are in the pot, pour tomato juice over them. Cover and place on medium-high heat. Watch the pot until it just comes to a boil, and then turn to low heat and gently simmer the covered pot for one hour.

To serve, place the rolls on a platter and cover with the sauerkraut sauce from the stockpot. You may thicken the sauce by making a roux of flour and butter and stirring it into a portion of the sauce and then blending it back into all of the sauce.

Remembering Lorna Sundberg



“You are here to enrich the world, and you impoverish yourself if you forget the errand.”

I was privileged to know Lorna from when I was an international student spouse, an international student, her employee, a professional, and a friend and colleague. Lorna was unwavering in her support of international students, being very sensitive to their needs and warmly receptive to and curious about their culture and traditions. Her high energy, enthusiasm and optimism carried the Center and the programs through hard and fun times, and I always think of Lorna as an extraordinary human being who played a crucial role in my growth and development as an individual and as a professional. She stands out as someone who truly cared about the international community at UVa., both in her interactions with us and in everything she did with and for us.

Aruna Viswadoss
Former International Center
Employee & UVa. Student

This quotation from Woodrow Wilson originally stood at the entrance of Cabell Hall. I had it engraved on a small brass plaque in 1980 and placed it in the entrance of the International Center. When I remember Lorna Sundberg, I think of this charge and how Lorna did just this -- tirelessly, enthusiastically and with nothing less than a nobility of character.

Lorna demonstrated many of the quiet qualities of leadership: commitment, compassion, tact, fair-mindedness, intelligence and unselfish concern for others, mixed with that essential zest of humor. She touched an untold number of lives from near and far – students, scholars, faculty and visitors from abroad, as well as the community around her. Each one must have felt the force of her devotion to human need and ambition.

It is difficult for me to moderate my comments, for I was fortunate to know her for nearly 20 years since her interview for the newly-funded position of coordinator at the International Center in 1981. That title did little to define Lorna's role, even in those early years. She made it what it became – a vital and creative center for learning and living. As coordinator, and later director, Lorna met enormous challenges but still looked for new ways to serve, always exceeding expectations. I remember when she said to me, “If you want someone to take the ball and run with it, I am that person.” Her direct and honest approach to highly complex matters and varying cultures was an invaluable asset to the university for almost two decades.

One of Lorna's greatest strengths, in my view, was her ability to inspire others. Her energy and creativity were contagious, and thus, volunteers were drawn to that purpose of enrichment. I was privileged to know her as a colleague and honored to claim her as a friend. She was one of the finest women I have ever known – a gift to the world profoundly in need of her brave and generous spirit.

Lucy Hale
Director of International Student Affairs (1960-1986)
UVa.



**International Center's
Multicultural Library**

- Books
- Magazines
- Videos
- Posters
- Maps
- Music



**Monday - Friday
9 a.m. to 5 p.m.**

Multicultural Library Volunteer Margaret Hutchinson recommends a book to Noriko Egawa, who is the spouse of an international researcher at UVa.

I shall never forget the vibrant direction Lorna gave the IC, especially the library. She put the library on a sound foundation by seeking a professional librarian as supervisor and graciously inspiring volunteers to serve on staff. The library owes much of its successful development and usefulness to Lorna's vision.

Libby Cohen
*1st Librarian,
Multicultural Library*

Traveling this Summer? READ UP!

It is the season for travel. Hundreds of students and university employees will be taking a vacation at some point in the next three months. Some may visit local attractions, while others may venture further away to embark on an overseas journey. Either way, a trip can be more meaningful if you do a little bit of research before departure.

The International Center is home to the Multicultural Library, where one can find resources on destinations from Venezuela to Virginia. The Multicultural

Library contains travel guides, including the Lonely Planet series, as well as other books describing culture and travel.

"The Multicultural Library is a tranquil place to plan a vacation," Library Volunteer Margaret Hutchinson said.

Located in the heart of a residential loop near campus, the library rests on the top floor of the International Center. It holds information useful for travel and cultural understanding. Do you know how to say hello in Chinese? What is proper etiquette in Japan?

On the other hand, if you are not native to Virginia and plan to spend some time this summer exploring Richmond or Washington, D.C., the library also holds information for you.

Maybe you are not able to get away at all for a trip this summer. Stop by to see some of the other resources.

"What may not be well known is our international periodical collection," said Claire Cosgrove, International Center Senior Administrator.

Some of the periodicals include: National Geographic, China Today, Folklife Center News, Look Japan, and Transitions Abroad. Transitions Abroad is a publication about working and living abroad – great information for any long-term overseas visitor.

There are also videos on various cultures and locations, as well as maps and musical cassettes. With all of these resources, the library has also served as a good resource for local community groups and schools. They have borrowed from the poster collection and vertical files. This summer, the Center is conducting an *International Novel Exchange*. Please drop off novels written in English or other languages at the Center or designated locations to help start the program.

During the upcoming months, stop by the Multicultural Library to discover how it suits your information needs, and if you have summer travel plans, Bon Voyage!

American Mosaic... Continued from page 1

"I like the idea that America is a laboratory," De Cusatis said. "It is a place where people from all over the world have met and exchanged their cultural heritage. It is also important today, in a world characterized by mobility, to be able to accept differences and to respect various cultures."

The International Center provides short-term housing to international visitors, ranging from an overnight stay to a three-month visit.

"I enjoyed the kindness of the IC staff," De Cusatis said. "I also enjoyed the quietness of the location and the opportunity to meet and make friendships with others staying at the IC from all over the world."

One evening, resident manger B. Tsering Yeshi led the houseguests in preparing an authentic Tibetan meal called mo-mo.

"My visit was an international experience that helped me to learn a lot of new and interesting things," De Cusatis said.

De Cusatis stayed at the International Center for three months, and said he nearly completed his research goals by making extensive use of the UVa. libraries and by attending courses as an auditor. In the future, he said he would like to continue to research American Literature and to teach in Italy.

"I would also like to have the opportunity to go to the United States frequently in order to study and enjoy all of the different aspects of this extraordinary mosaic," he said.

International Novel Exchange Drop-Off Locations:

International Center 21 University Circle

Alderman Library Main Hall "International Novel Book Exchange Drop Box"



Lorna was and will continue to be such a truly special and amazing person to so many people, and I know that I would not be who and where I am today without knowing Lorna these last 13 years. A colleague, mentor, friend and sometimes a mother to me, Lorna has had an enormous influence on both my professional and personal endeavors. From being the best boss anyone could ask for to an adored colleague and mentor, Lorna – a natural at finding the best in people – always gave me confidence, encouraged me and opened many professional development doors my way. Thanks to Lorna, a simple interest of mine in "things international" matured into a passionate love for our shared field of work. The opportunity to work under and along side of Lorna was an honor and privilege. Furthermore, Lorna's admirable ability to raise a family, care for a husband, and for many years an ailing mother, to involve herself as she did at St. Mark's, with friends and colleagues, and then dedicate herself to the lives and activities of the International Center, UVa., the community and NAFSA, never ceased to astonish me. As a friend, Lorna enveloped me with her infinite goodness, warmth, sensitivity, humor and happy, confident heart. Such a vital and loving woman, Lorna will always be an inspiration for me. I am so grateful that our lives intersected when and for as long as they did.

Cathy Von Storch
Associate Administrator (1988-1995),
International Center
UVa.

I knew many different Lornas: the enthusiastic one, greeting new students with a large smile and surprising them with her knowledge of the world at-large; the IC director, with impressive skills to coordinate activities and get things done, always supporting and motivating others; and the one who prepared great cookies for tea,

shared victories and listened to fears and expectations. This multifaceted Lorna will live with me forever.

Eduardo Bringa
Former International Student,
UVa.

Farewell - no, that is not the case because your spirit lives in all whose lives you have touched. I was just one among the many. I can truly say that as an international student, my UVa.-USA experience has really been an IC experience from my very first days here in Charlottesville. Lorna, I shall never fill your shoes, but my memories of working with you as a volunteer since 1988 will be my source of direction.

If you had not been so dedicated, determined, innovative and creative in your role as administrator, my present task would be overbearing. But, because of your vision and commitment (and with all your files) I am able to accept the challenge of directing the International Center. Thank you for being such a concerned friend. My challenge for now is to be your shadow until I have sufficient experience to come into the sunlight.

Claire Cosgrove
Senior Administrator,
International Center
UVa.

Lorna was my friend, my colleague, my confidant. It was her deep interest and concern for our international students and scholars that drew us together, for this was a mirror image of me. As the years progressed we grew closer and shared much. At NAFSA conferences we always roomed together and had great fun exchanging stories about our lives and our families, especially our grandchildren. Lorna, NAFSA conferences will not be the same for me. You are greatly missed.

Marcia Taylor
International Faculty Advisor,
International Studies Office
UVa.

Graduation Farewell Celebration

Wednesday, May 2
Minor Hall Lobby
4 p.m. - 6.30 p.m.

Join us for Refreshments
& Entertainment- No RSVPs

Graduation is an emotional day for students, but especially so for our international students who will not only be saying farewell to Jefferson's learning institute but also to the colleagues and many friends they have met while undertaking their studies.

The International Studies Office and International Center are holding a farewell celebration for all graduating international students, i.e. graduates and undergraduates. Invitations have been sent to IHP host families. We encourage international students to contact their individual host families and arrange to meet at this celebration.

**4th Year International
Graduation Celebration:**
Saturday, May 19
Garden Nine, West Lawn
4 p.m.

Rain site: Minor Hall Lobby
Please RSVP by May 14
to 982-4546 or
eas8n@virginia.edu

**Law School International
Graduation Celebration**

Sunday, May 20
Farmington Club – By invitation only

UPCOMING EVENT: watch for info on our yoga workshop in May, conducted by an instructor from the Yoga Institute at Sanctuary in Mumbai.

SUMMER ENGLISH OPPORTUNITIES:

Charlottesville City Schools
Offering day and evening classes.
*Call 245-2817 for times, locations and prices.

Albemarle County Schools
Offering day and evening classes.
*Call 296-5812 or 973-0618 for times, locations and prices.

Blue Ridge ESL Society
*Call 977-7988



International Center
21 University Circle
Charlottesville, VA 22903
(804) 924-7983

Non-Profit
 Organization
 U.S. Postage Paid
 Permit No. 164
 Charlottesville, VA

Meet the Staff...

Claire Cosgrove, Senior Administrator
Tricia Burry, Assistant Administrator
Tsering Bumo, Resident Manager

Summer Student Staff

Meritzell Martin-I-Pardo

Volunteers

Mariko Ajiro
Peter and Amy Bullettexa
Connie Clevenger
Carol Goldstein
Nancy Guerrant
C.J. and Ralph Hall
Helga Hiss
Margaret Hutchinson

intlctr@virginia.edu
<http://www.virginia.edu/~intcent/intlctr.html>

Lorna was an inspired director of volunteers. She realized our potentials. She included us in significant activities revolving around the office. We were allowed to make mistakes and learn from them. Never did we leave work without a heartfelt “thank you.” We were recognized at various times for our performances and occasionally attended regional international activities. I felt that we were truly valued. Lorna was not only responsible for the growth of the International Center and its myriad activities, but she was responsible for the growth of those who worked for and with her. Thank you, and we miss you.

Carol Goldstein

International Center Volunteer

Lorna was a member of the interview team when I first joined the International Student Affairs Office here at UVa. in 1981. From the beginning I knew her friendship was to be cherished. We saw many difficulties through together, grew from the mutual experiences in trust and friendly competition, and became close colleagues and friends. Lorna was a mentor to me in so many ways, as she was to everyone who joined in her mission to bring the world to Charlottesville. Lorna embraced her world with a passion and dedication rare in these times, and I greatly miss her enthusiastic and generous spirit amongst us. She is a unique lady whose very special gifts make me smile still.

Suzanne Louis

*Associate Director,
 International Studies Office
 UVa.*

I met Lorna through NAFSA. Out of that encounter we became colleagues and friends. Lorna’s fine spirit, humor, warmth and authenticity are what I carry with me. Well-remembered also is her commitment to encouraging intercultural understanding as the necessary first step enabling us to move beyond culture to connect person-to-person and heart-to-heart. It is these valued qualities of Lorna’s that have left gentle imprints on my spirit and my heart.

Norma Mc Caig

*Coordinator, Global Nomad Programs and Services
 George Mason University*

EARTHQUAKE RELIEF STILL NEEDED

If you would like to make contributions to the earthquake relief effort in India or El Salvador, please send donations to:

UVa. Fund
P.O. Box 3446
211 Emmet Street South
Charlottesville, VA 22903

*Write either *India Earthquake Relief* or *El Salvador Earthquake Relief* on the memo of your check.