International Student Support Group

FALL 2015

Fridays 3:30-4:45 PM
Beginss September 11, 2015
Int'l Studies Office – 208 Minor Hall

This is a weekly support group for international students to discuss common issues as they adjust to the culture in the U.S. and on UVA Grounds. International students often face multiple challenges, including language, communication, social, and academic stressors in a culturally new environment. This group is focused on:

- Providing a safe and supportive place for connection
- Discussing common issues during international students’ initial and on-going process of cross-cultural adaptation
- Learning about resources and coping strategies
- Discussing challenges and rewards associated with living, learning and working at UVA
- Facilitating personal & cultural growth and academic success

This group is open to UVA undergraduate and graduate students as well as exchange students, postdoctoral researchers, medical residents and international scholars.

A pre-group meeting with the facilitators is required to join this group. Please contact Dr. Baozhen Xie at bx2w@virginia.edu, 434-243-5150 or Ms. Adriana Vito at avito@virginia.edu, if you are interested.