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# POLISH DINNER AND MORE!

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## BEET SOUP (BARSZCZ CZERWONY)

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Veggie bouillon or beat soup bouillon (6-8 cups)  
Beets (3.3 lb)  
Potatoes (1lb)  
Carrot (1 medium)  
Parsnip (1 medium)  
Vinegar/lemon juice (2 tbsp)  
Jamaican allspice (4)  
Bay leaf (2-3)  
Salt/pepper  
Sour cream (optionally)



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## POTATO AND CHEESE PIEROGIES (PIEROGI RUSKIE)

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**Dough:**

All-purpose flour (2 ½ cup)  
Hot water (1 cup)  
Unsalted butter (2 tbsp)

**Filling:**

Farmer's cheese (white) 1lb  
Potatoes (1lb)  
Small onion  
Butter (2 tbsp)  
Salt/pepper/nutmeg  
Lemon juice (optionally)



## SWEET FRIED PIEROGIES WITH POPPY SEEDS (MAKOWIKI)

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Unsalted pizza dough

**Filling:**

Poppy seeds

Sugar/honey

Vanilla flavor

Raisins (any dry fruits will do!)



## SAUERKRAUT SALAD

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Sauerkraut (1 package)

Apple (1 medium)

Small onion

Small carrot

Oil

Pepper

